



WEDNESDAY WAVE

The Daves Avenue Elementary School Weekly Newsletter

LGUSD

DAVES

H&SC

DOLLARS FOR DAVES

Donate [DOLLARS FOR DAVES](#)

Important Dates

FEBRUARY

- 7-11 Daves Ave/Blossom Hill/Van Meter/
Lexington School Play Performances,
Blossom Hill MPR
- 9 Take it Personally Workshop 5, 8:30am,
MPR
- 12 District Board Meeting, 6:30pm,
District Office
- 13 BINGO Night, 5:45pm, MPR
- 16 Take it Personally Workshop 6, 8:30am,
MPR
- 19-23 February Recess - NO SCHOOL
- 26 Science Fair Projects Due

MARCH

- 1 Science Fair - Family Night, 6pm, MPR
- 1-2 Science Fair - Classroom Tours
- 2 H&SC Meeting, 8:30am, MPR
- 5-9 Conference Week - MINIMUM DAYS
- 5-9 Book Fair, Library
- 6 ABC Reader Training, 8:30am,
Conference Room B

SAVE THE DATE:

The Cool Cat Auction is April 28th!!

H&SC PRESIDENT'S MESSAGE

Hello and Happy Belated New Year Daves Avenue!

I trust that 2018 has been good to you all thus far! The GOOD NEWS...is that it's going to get even better!! Please check out what's happening in the upcoming months at Daves Avenue!

February 13th - Bingo Night March 1st & 2nd - Science Fair
 March 29th - Authors' Day April 28th - Cool Cat Auction
 May 11th - Carnival

**PLEASE MARK YOUR CALENDARS...
 YOU WON'T WANT TO MISS A SINGLE ONE!!**

These fabulous events can't happen without YOU! The H&SC is so blessed to have so many involved and dedicated parent volunteers... making each one of our events and programs the best they can be. We are still looking for a few people to help Chair or Co-Chair events or programs this and next year.

Please consider one of these open positions...

Carnival Chair	CASA Co-Chair
Champions of Math Co-Chair	Corporate Matching Co-Chair
Free2Me Chair	Green Team Co-Chair
New Family Liaison Chair	Parenting Continuum Chair
Safe Routes 2 School Chair	Spirit Wear Chair
TAT (Technology Advisory Team) Representative	

**Spread the word...
 WE NEED YOUR HELP!**

If you or someone you know might be interested in getting involved and would like more information about any of these positions, please contact [Jennifer Lambert](#).

Thanks for making Daves an amazing place to be!!

All my Best,
Danielle Rooney
 Daves Avenue H&SC President

Family BINGO Night

TUESDAY, FEBRUARY 13TH IN THE MPR
PIZZA PICK-UP AT 5:45PM
BINGO STARTS AT 6:30PM

TODAY IS THE LAST DAY...to pre-order pizza. Order [HERE!](#)
WE NEED MORE GOODIES...for the Bake Sale! Donate [HERE!](#)

Questions? Contact [Karin Luton](#) or [Michele Grancell](#)

FAMILY BINGO NIGHT IS GENEROUSLY SPONSORED BY: **De Mattei Construction Inc.**
GENERAL CONTRACTOR Building Relationships

FLY THROUGH THE GALAXY WITH



Show Dates

Feb. 1st - Feb. 4th and Feb. 7th - Feb. 11th

GET YOUR TICKETS ONLINE AT:
WWW.SEATYOURSELF.BIZ/BLOSSOMHILL



Daves Avenue Principal Mr. Chadda is ready to rock...

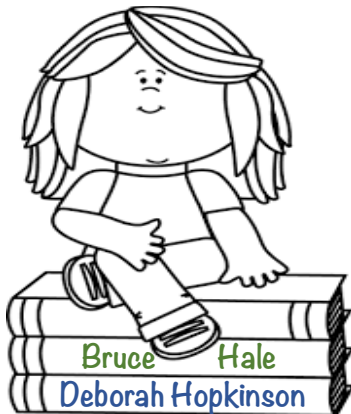
Are you?

Save THE Date



2018 Cool Cat Auction

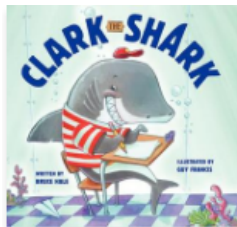
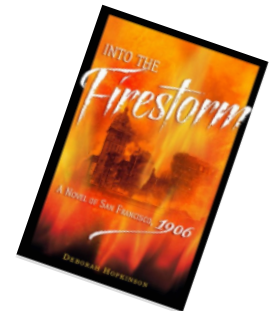
April 28th, 2018



The Daves Avenue Home & School Club
Presents

Authors' Day

We are thrilled to announce that Bruce Hale and Deborah Hopkinson will be visiting Daves Avenue on Thursday, March 29, 2018. Mr. Hale will be visiting Kindergarten through second grade and Mrs. Hopkinson will be presenting to our upper grades. **Our book sale will start on February 12th and run through March 2nd.** You will be able to order online, and hard copy forms will be available in the office.



If you have any questions,
please contact **Barbara McInerney**.

Online orders: <https://davesavehsc.org/authors-day>

Generously sponsored by



Daves Avenue Elementary

FAMILY MATH NIGHT

Tuesday, March 20, 2018
6:00 – 8:00pm
Daves Multi-Purpose Room

Please sign-up at:
<http://signup.com/go/SQRXtiO>
(requested by Mar. 15 but not
necessary to attend)
For more information, email
sherry95030@gmail.com

- Join this **FREE** event for fun math games, rewards, and giveaways for the entire family
- Pizza will be provided
- Math games are tailored for TK/K through 5th graders
- Parents are encouraged to participate; this is not a drop-off event

Sponsored by Mathnasium of Campbell-Los Gatos (408)374-MATH(6284)
and Daves Avenue Home & School Club



Teacher Wish Lists



Did you know that some of our teachers have a wish list for needed classroom items? You can access their lists either on their individual **staff directory pages** or the **Teacher's Wish List page** on our Home & School Club website. Thanks so much for supporting our teachers!

 **No More Plastic Straws!** 

Daves Green Team calls all students to write a letter to California Assemblyman Evan Low (D-Campbell) to ask him to vote **Yes on AB-1884**, a bill that would require dine-in restaurants to forgo offering single-use plastic straws to customers unless they specifically request one. We have told you about our quest for No More Straws, particularly with the milk cartons, and now we have a chance to make a difference by supporting a bill in front of the California State Assembly now. If you want to, please fill out the letter below (or a similar one that you write), and put it in the Daves front office by February 14th. The Green Team will drive the letters to Mr. Low's office by February 16th. We also will try to use this momentum to gain support at the district to ask the hot lunch provider to stop providing single-use plastic straws with the milk cartons.

Dear Assemblyman Low,

I am a student at _____ in _____ grade. I have learned about AB-1884, a bill that would require dine-in restaurants to forgo offering straws to customers unless they specifically request one.

The main reason I want to help reduce the use of plastic straws is

I hope you can help us save the sea animals, our oceans, and our landfills, and reduce convenient reliance on single-use plastics by voting **Yes on AB-1884**.

My school's Green Team is also trying to eliminate straws from distribution with our milk cartons at lunch - we don't need straws with our milk cartons!

Sincerely,



*Special thanks to our Green Team sponsor, LFC IAA Bay Area! Please note that the LFC After School Soccer Skills Clinic starts this Wednesday 2/7 at Daves Avenue from 12:20-1:20pm: Signup [HERE](#).

International Academy Bay Area

**SR2S Carpool to School Week
February 12-16**

Let's all enjoy this unseasonably warm weather together by meeting up with friends and carpooling to school! This will reduce traffic around schools, help promote cleaner air, and is a great way to start the day.

If you have questions, contact Karen Briones at kbriones@lgusd.org.

Remember, it is cool to carpool!



Carpool to School



CREATION STATION AT FUNVISORS

CREATION STATION NEEDS SUPPLIES SO OUR CHILDREN CAN MAKE MANY AMAZING ART PROJECTS!

We are accepting:

- Paper towel and toilet paper rolls
- Egg cartons and bottle tops
- Buttons and pipe cleaners
- Pom-poms, stickers, ribbons, and cotton balls
- Any ART supplies



Please donate to the Creation Station collection bin located in the front office, across from Sue's desk.

Cornerstone Corner

February's Book: *Through My Eyes*
by Ruby Bridges



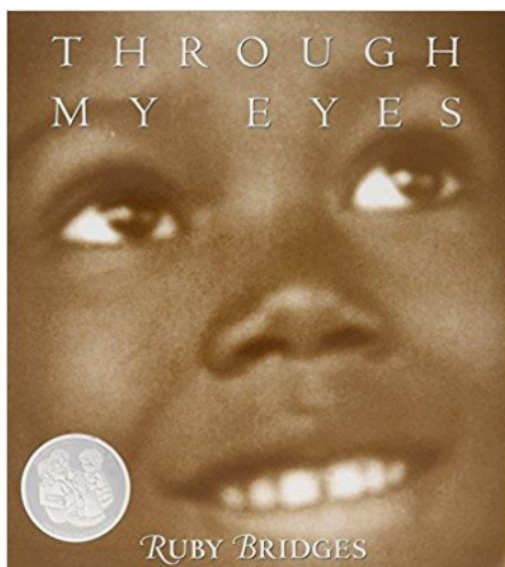
In *Through My Eyes*, Ruby Bridges tells the story of how she, on November 14, 1960 - as a six-year old black girl - walked through a mob of screaming segregationists escorted by Federal Marshals into her new school in New Orleans, Louisiana. Surrounded by racial turmoil, Ruby spent first grade learning to read and add with one supportive teacher. Her web of support nurtured her and kept her safe that year.

For our children, racial tensions and struggles to achieve civil rights may sound like ancient history. However, research shows that children still experience harassment or bullying in school because of their race, ethnicity, gender, religion, or disability.

In this month's lesson, we will discuss what it feels like to be targeted by others because we are "different." These discussions help children become aware of the hurtful effects of ridicule, scorn, name-calling, bullying, intolerance and other forms of disrespect.

The primary goal is to create a more caring school and classroom environment where conflicts are resolved peacefully, and students perform intentional acts of caring.

For more info about Project Cornerstone click [HERE](#) or contact [Michele Grancell](#) or [Jyoti Kelly](#).



The Daves Avenue

Home & School Club Thanks



Erik Swanson
orthodontics

Exceptional Smiles

for Being a Grade Level Sponsor

At Erik Swanson Orthodontics, our entire team takes pride in working to improve your smile and strives to offer every patient a consistently pleasant experience at each and every visit. Our philosophy is guided by our belief of the three core "ES" principles in orthodontics:

Exceptional Smiles, Exceptional Service, and Exceptional Satisfaction. We are excited at the opportunity to meet you and provide you and your family with beautiful and lasting smiles.

Please find out more about us at

www.esortho.com.

Benefactors Save the Date

It's that time!

Benefactors, please save the date. The Benefactor Luncheon will be Friday, March 2nd from 11am - 1pm. Invitation to follow!



If you haven't donated DOLLARS for DAVES yet, you still can! Please visit

<http://davesavehsc.org/dollars-for-daves-donationform.html>.

Any questions, please email vp@davesavehsc.org.

Give \$600 to LGEF and Get \$200 Moore!

Now, there is even **more** reason to donate to LGEF. We need the support of each and **every family** as the deadline approaches for our annual campaign.

To help promote participation, **Moore Buick GMC will add \$200* to every \$600 donation** received from January 23 to February 23.

As a locally-owned business of 65 years, the Moore family has sent several generations to our Los Gatos schools. **Please join them in supporting our students by donating to LGEF today.**

Thank you Moore Buick GMC for your generous support!

*Up to \$12,000 in matching funds.



LGEF
Los Gatos Education Foundation

Donate today at www.LGEF.org



Please check out the District Elementary School Breakfast and Lunch Menus for February and March on the next two pages!



SO MUCH INFORMATION! 2 easy ways to keep up with everything Daves:

Bookmark the [H&SC WEBSITE](#) for the latest news, events, links and more!

Follow Daves Avenue on [Facebook](#) for key reminders on events and upcoming to-dos.



WEDNESDAY WAVE

The Daves Avenue Elementary School Weekly Newsletter

LGUSD DAVES H&SC



Are you a H&SC Committee Chair, Daves Teacher or Administrator, or Community representative? Do you have school-related news or events you want the Daves community to know about? Submit your item by **Friday at 5pm** to the Wednesday Wave editors at wednesdaywave@gmail.com. Items should be in text (email, Word, Pages, etc.) format, not in PDF or other image file type.

The Wednesday Wave is approved by the H&SC Board and Principal Iqbal Chadda for posting to the Daves Avenue and H&SC web sites on Wednesday, with an email link sent to parents the same day.

The Wednesday Wave Newsletter is written exclusively to provide the Daves Avenue community with school information. Articles, information, calendars, etc. may not be duplicated or re-printed in any manner without the permission of the Home and School Club or the Daves Avenue school administration.

Daves Avenue Elementary School
17770 Daves Avenue
Monte Sereno, CA 95030
Iqbal Chadda, Principal
ichadda@lgusd.org

Phone: 408-335-2200
Fax: 408-395-6314
Attendance Line: 408-335-2245
Website: <http://daves.lgusd.org>

Daves Avenue
Home & School Club (H&SC)
Danielle Rooney, President
president@davesavehsc.org
Website: www.davesavehsc.org



**Los Gatos Union School District
February/March
Lunch Paid \$3.75, Reduced \$.40
Breakfast Paid \$2.50, Reduced \$.30**

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** Low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection.

Starts Mondays 1/29, 2/12, 2/26, 3/12, 3/26

Starts 2/5, 3/5, 3/19

MONDAY

- Nachos with Cheese & Beans
- Cheese Quesadilla
- Deli Ham & Cheddar Sandwich
- Crispy Chicken Salad & Roll



MONDAY

- Baked Chicken Nuggets & Breadstick
- Turkey Hot Dog
- Deli Ham & Cheddar Sandwich
- Vegetarian Taco Salad & Tortilla Chips



TUESDAY

- Orange Chicken & Rice
- 100% Mozzarella Cheese or Pepperoni Pizza
- American Sub Sandwich
- Fiesta Taco Salad with Chicken & Tortilla Chips



TUESDAY

- Spaghetti with Chicken Meatballs or All Beef Meat Sauce
- 100% Mozzarella Cheese or Pepperoni Pizza
- American Sub Sandwich
- Chef Salad & Roll



WEDNESDAY

- 100% All Beef Soft Tacos
- Cheesy Italian Dunkers



WEDNESDAY

- Bean & Cheese Burrito
- Crispy Chicken Sandwich



THURSDAY

- Crispy Chicken Sandwich
- 100% Mozzarella Cheese or Pepperoni Pizza
- Sun Butter & Jelly Sandwich with String Cheese
- Fruit & Yogurt Parfait



THURSDAY

- Chili Cheese Potato & Breadstick
- 100% Mozzarella Cheese or Pepperoni Pizza
- Egg Salad Sandwich
- Fruit & Yogurt Parfait



FRIDAY

- Breakfast for Lunch
- Hamburger or Cheeseburger
- Roasted Turkey & Cranberry Wrap on Lavash
- Protein Pack w/ Hardboiled Egg



FRIDAY

- Chicken Corn Dog
- Cheesy Italian Dunkers
- Sun Butter & Jelly Sandwich with String Cheese
- Yogurt, String Cheese, and Pretzel



- LOCAL
- CLEAN
- FRESH
- VEGETARIAN

We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch.



This institution is an equal opportunity provider.

Nutrition and Dental Health

Can an apple a day really keep the doctor away? Does sugar really cause cavities? These questions are frequently asked about teeth, so let's clarify some of the tales, truths and potential misunderstandings about dental health and nutrition. First, if your nutritional intake is poor, often your teeth will be the first to show signs that your body is lacking key nutrients. According to MyPlate, a website from the Center for Nutrition Policy and Promotion, an agency of U.S. Department of Agriculture, a balanced and healthy diet should include:

- **Fruits and vegetables.** Combined, these should cover half your plate at meals.
- **Grains.** At least half of the grains you eat should be whole grains, such as oatmeal, whole wheat bread and brown rice.
- **Dairy.** Choose low-fat or fat-free dairy foods most often.

- **Protein.** Make lean protein choices, such as lean beef, skinless poultry and fish. Vary your protein choices to also include eggs, beans, peas and legumes. Eat at least eight ounces of seafood a week.

As part of a healthy diet it's important to note that the foods you eat and the beverages you drink can have a direct influence on the incidence and progression of tooth decay. Not only will "sugar" potentially harm teeth, but almost any type of carbohydrate can be troublesome. Bacteria in our mouth uses carbohydrates for food, so when you cut back on sugar in your diet, you automatically reduce your cavity risk. It is also very important after eating any kind of food that you brush your teeth. At a minimum you should brush your teeth morning and night and be sure to see a dentist every 6 months.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

BREAKFAST MENU

Weekly Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Mini Loaf & String Cheese Benefit Bar	Banana or Zucchini Bread Benefit Bar	WG Mini Loaf & String Cheese Benefit Bar	Banana or Zucchini Bread Benefit Bar	WG Mini Loaf & String Cheese Benefit Bar
Bagel & Cream Cheese Assorted Cereal & Cheese	Bagel & Cream Cheese Assorted Cereal & Cheese	Bagel & Cream Cheese Assorted Cereal & Cheese	Bagel & Cream Cheese Assorted Cereal & Cheese	Bagel & Cream Cheese Assorted Cereal & Cheese
Yogurt & Grahams	Yogurt & Grahams	Yogurt & Grahams	Yogurt & Grahams	Yogurt & Grahams

Lunch Garden Bar Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Green Salad Garbanzo Beans Celery Assorted Fresh Fruit Applesauce Raisins	Caesar Salad Carrots Jicama Green Beans Assorted Fresh Fruit Diced Pears Raisins	Green Salad Broccoli Carrots Assorted Fresh Fruit Applesauce Raisins	Caesar Salad Carrots Corn Assorted Fresh Fruit Diced Peaches Raisins	Green Salad Black Beans Carrots Celery Apples/Oranges Mixed Fruit in Juice Raisins

Fresh Pick Recipe

ASIAN LETTUCE WRAPS WITH ORANGE SAUCE

- 1 T Olive oil
- 1 lb Turkey(ground)
- ¼ c Onion(medium dice)
- ¼ c Bell pepper(medium dice)
- ½ c Celery(sliced thin)
- 2/3 c Orange juice
- 3 T Soy sauce(low sodium)
- 1 ½ T Cornstarch mixed with 3 T water
- 2-3 Drops of Hot Sauce(optional)
- Salt and pepper to taste
- 3 Oranges(peeled/large dice)
- 1 Head of Romaine lettuce(washed/leaves separated)
- ½ c Carrots(shredded)
- ½ c Cilantro

1. Prepare all ingredients as directed.
2. In medium sauce pan place the oil and turkey and sauté until meat is almost cooked through.
3. Add the onions and bell peppers and celery and sauté for 3 minutes. Mix orange juice, soy sauce, and cornstarch mixture in small bowl and then add to the meat mixture.
4. Simmer for 3 minutes.
5. Add the diced oranges and heat through.
6. Place meat mixture in a bowl and serve with the lettuce, carrots, and cilantro in separate bowls.



Online Payments

Through EZSchoolPay.com parents can conveniently make payments to their child's account, day or night, using a VISA or MasterCard (debit or credit). Parents may also use EZSchoolPay.com to simply check their child's meal account balance, set payment reminders, and view their student's last 30 day transactions free of charge. All transactions are updated every 10 minutes. A convenience fee will be applied to all deposits. To set up your student's account click on the EZSchoolPay.com link on the School District website. Parents will need their student's name, student ID number and their school zip code. Payments can also be made by sending cash or check to the school office

